

!New English-German Course 2021-2024!

Raphael-School for Singing and Singing therapy

Based on The School of Uncovering the Voice



Singing therapy based on “The School of Uncovering the Voice” is an anthroposophically oriented arts therapy. In a searching, enquiring approach to musical elements, such as breathing, the listening process, consonants and vowels, we will immerse ourselves evermore deeply into a transformative learning process that can accompany us throughout our lives on the path to our “I-sound”. Through this active, searching transformation we will connect with our inherent creative resources. The voice is the organ that connects us increasingly more deeply and consciously with these creative forces within us.

“Learning in such a way that we change, even develop into something we were not before. In other words, something happens that is more than unfolding given talents.” (Coenraad van Houten: *Awakening the Will; Principles and Processes in Adult Learning*, ch.5)

.....This is the kind of adult education we are concerned with here.

We will thus, through practical experience, develop new and deepening possibilities for perceiving our body, our soul and the connections which we as a

personality have with the cosmic forces surrounding us, such as the elements, the Zodiac, the planets, etc. The deepened self-observation together with the knowledge of the above mentioned elements will enable us in our work as singing therapists to stimulate the creative self-healing powers of our clients and thus to accompany them on a path to inner balance and health on all levels.

“For this purpose, the actively learning ego has to become a flame. It has to burn what it has taken in from outside so that the new in us may be born individually.” (C. van Houten: ‘Awakening the Will, Principles and Processes in Adult Learning’, ch.6)

The School of Uncovering the Voice was developed by Valborg Werbeck-Svärdström in cooperation with Rudolf Steiner from 1912-1924.

Course Dates are:



Module 1: 05.04.-10.04.2021

Module 2: 08.08.-17.08.2021

Module 3: 16.10.-21.10.2021



Module 4: 02.04.-07.04.2022

Module 5: 16.07.-25.07.2022

Module 6: 15.10.-20.10.2021



Module 7: 25.03.-30.03.2023

Module 8: 08.07.-17.07.2023

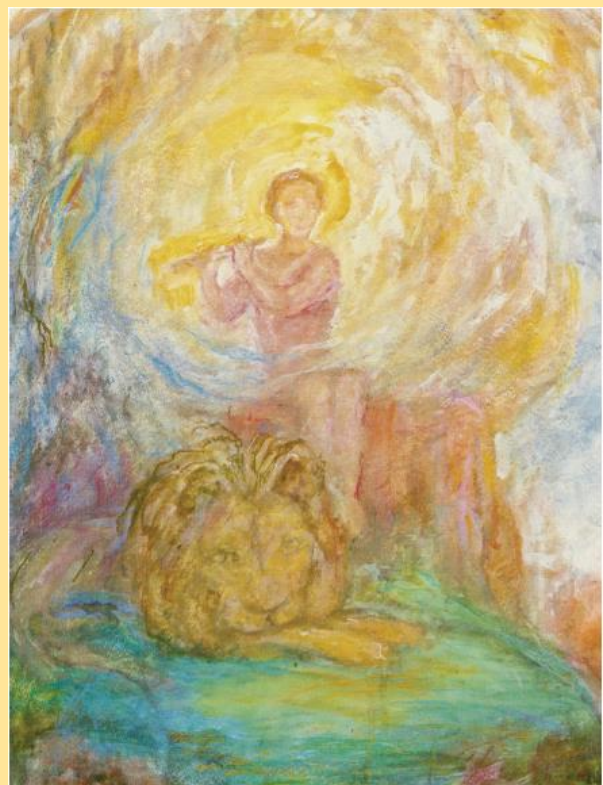
Module 9: 14.10.-19.10.2023



Module 10: 16.03.-21.03.2024

Module 11: 22.06.-02.07.2024

Module 12: Autumn 2024



Duration and structure of the course:

- This is a 4-year part-time Further Professional Training in Therapeutic Singing.
- The course is available under the name “Raphael School for Singing and Singing Therapy”. The Curriculum has been recognized and approved by the Medical Section at the Goetheanum. The 2021-2024 course is geared to German speaking as well as to English speaking participants (first or second language).
- Each study year comprises three sessions: 2 times 5 days in March/April and October and 10 days in July/August.
- The course will be held in Germany, in Nieperfitz, 21369 Nahrendorf, Germany, where we can use the rooms of the small Steiner School in our village.
- The course will comprise the equivalent of 700 (45–minute) units in total. Regular individual practice and study in between the modules is mandatory to deepen the experience.
- Regional peer-group-work will help to consolidate and deepen the study-process.
- In addition, internships will take place during the third and fourth year.
- Course participants of the Therapeutic Singing Training and the Course Leadership will sign a study-contract, outlining their mutual responsibilities in relation to presentation and participation.



Course Curriculum and Aims:

- In this Further Professional Training the therapeutic effects of sound, breathing, speech sound and musical elements on the singing human being will be studied in theory and practice in a phenomenological way. These experiences will be deepened through medical and anthropological lectures by experienced anthroposophic doctors or other experienced teachers and brought into practical connection with the therapeutic work.
- From the start, students will learn therapeutic exercises and their practical application.
- There will also be individual lessons or small group sessions to assess and discuss the progress and questions of the participants.
- The book “Uncovering the Voice. The Cleansing Power of Song” by Valborg Werbeck-Svärdström is the basis for the study. Its content will flow into the course both in theory and practice. Anthroposophic works by Rudolf Steiner will be studied too as a foundation for the work.
- Choral singing and improvisation will build up a working repertoire for later group teaching and will also contribute to strengthening the social fabric of the student community.
- Elements of movement (Eurythmy and Bothmer-Gymnastics) will be incorporated in the daily lessons as the basis for the physical work.

Working with the Lyre:



The lyre is a very suitable instrument for supporting the work of Singing Therapy. Its living sound carries the voice, and the instrument can easily be tuned to the preferred tuning for therapy (432 Hz). As there is no time allocated to lyre lessons in the program, we recommend students to get hold of and learn to play the instrument outside lesson time. If the process is documented, the hours used for this can nevertheless become part of the participant's portfolio.

RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY

Entry Requirements:

- Minimum age of 23
 - A willingness and interest to become involved with Anthroposophy and with 'The School of Uncovering the Voice'
 - A basic knowledge of music-theory or the willingness to acquire it
- and**
a basic training in a medical or therapeutic profession
- or**
a training as a singer or instrumentalist
- or**
a pedagogical or social-pedagogical training

Venue:

A beautiful, quiet place among fields and forest:
Nieperfitz 23, 21369 Nahrendorf, Germany
www.ich-klang.de

Cost:

March/ October 2021: € 500.—
Summer 2021: € 990,—
Daily charge for organic meals: € 30.-
Inexpensive accommodation nearby can be arranged.

Applications:

to Stefanie Aurig
email: info@ich-klang.de
or by telephone: 0049-(0)5855-6119968

Accessibility:

The nearest international airport is Hamburg.
The nearest railway station is Gohrde (2,5km)

*“Singing is firstly the inner dance of the
breath, of the soul,
but it can also free our bodies from all
rigidity...
and teach us the rhythm of life.”*

Yehudi Menuhin

RAPHAEL SCHOOL FOR SINGING & SINGING-THERAPY



Stefanie Aurig,

Singer, singing- and music- therapist (since 2008/1992) naturopath for psychotherapy and biography coach. Teacher and Mentor in Germany since 2010 (English and German course), Brazil since 2013, workshops and courses in Australia, Holland, Switzerland.

Subjects: Phenomenology of singing therapy, singing, voice development, individual and small group teaching, methodology, anthropology, movement elements and course leadership

Solco Aurig

Cellist, music therapist and music teacher,
lecturer in the English training for Singing therapy;

Subjects: musical phenomenology and anthropology; choir-
master; improvisation; anthroposophy; course leadership



Thomas Adam,

Founder of the "Raphael School for Singing and Singing therapy", singer,
singing therapist and singing pedagogue.

Subjects: phenomenology of therapeutic singing, singing, voice
development, individual and small group sessions, methodology,
anthropology

Dr. Bruno Callegaro: Anatomy, Physiology, anthroposophic antropology

Dr. Erich Skala: Anatomy, Physiology, anthroposophic antropology

N.N.: Bothmer- Gymnastic/ Eurythmy

....and other guest teachers